

Ancestor Blessing

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Archbishop Kishida taught us the following: “Even among trees that are planted in the same soil and receive equal amounts of sunshine and water, some trees may grow tall and others may wither and die. The difference in their fates can be traced to the condition of their roots.”

So, in Nature – in forests, farms and orchards – the condition of invisible roots are directly responsible for the quality of visible flowers, vegetables and fruits above the ground.

In other words, invisible “causes” produce visible “results.” What is our lesson from this? If you want to change your visible reality, improve the invisible cause – just as you would care for the invisible root of a plant.

This same principle applies to our physical and spiritual worlds. Your consciousness connects you to your spiritual and ancestral realm. Therefore, performing Amacha blessing for your ancestors is no different than watering the roots of a plant. With your sincere prayer and blessing, you are purifying your own spirituality. Your fortune is strengthened by being supported by your spiritual roots in the invisible world.

Unfortunately, most people are not aware that the visible world is a reflection of the state of their internal world.

Gedatsu Kongo stated: “Because you are a reflection of your thoughts and consciousness, never forget that whether you thrive or suffer is entirely due to your state of mind.”

Therefore, if you want to improve your reality, you should perform Amacha blessing in order to harmonize your heart with the invisible will of the universe.

I’m sure that your ancestors are very happy today to have received the warm prayers and holy Amacha blessing from beloved family members. Their joy and guardianship will be reflected around you as your happiness and fortune.

Please spread the feeling of peace and harmony you feel today with your family, co-workers and friends throughout the year.