

Good Vibrations
By Rev. Kazuo Yamada
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Good morning, everyone.

Today marks the last Sunday service for the first half of this year. There is no greater fortune than being in good health today and offering our thanks to God.

This morning, our altar is full of the prayers of many people and overflowing with good vibrations. I feel that there is a wonderful magnetic field of holy energy here.

Every morning, in the small altar room in particular, we give Amacha blessing to various spirits, including the ancestor souls of all of our members. Many spirits gather every morning, eagerly waiting to receive the Amacha blessing. Sometimes, certain spirits who want to receive the Amacha blessing communicate their needs through Mrs. Nakamura, who possesses the gift of spiritual perception.

You are not participating in this Kanshakai service by yourselves today. Your ancestor and guardian spirits are here with you, too. They are thankful that you are cultivating your spirit in the presence of God.

Therefore, only by participating in this Kanshakai service, do you receive the influence of the positive vibrations here today.

I believe that with these good vibrations around us – and with the meditation training we received – our hearts can join in harmony with the positive energy.

Our minds are essentially vibrations, and all matter is made from vibrations. The spiritual world is a realm of vibrations, too. When we enter the spiritual world, we enter a spiritual hierarchy depending on the quality of vibration of each spiritual entity. Thus, through vibration, visible and invisible worlds are united.

So let us be happy to be able to participate in the Kanshakai service today.

By the way, do you know what you can do to purify yourself spiritually and elevate your soul?

Let's reaffirm the Gedatsu teaching.

There exists a Universal Life Force, or God, which permeates the Universe. The manifestation of this Universal Life Force is the Universal Law, which governs all things.

This is what Gedatsu Kongo taught us.

Gedatsu Kongo taught us the correct path of humanity based on the workings of the Law of the Universe.

The Universal Law is shown in the Founder's writing, hanging on the wall to the left of the altar. Written on it is "Chu-Kou-Jin-Gi-Rei," which literally means "Fidelity, filial piety, benevolence, duty and propriety." This is the path that mankind should walk.

"Fidelity and filial piety" means to revere God and ancestors.

We each have a choice: to take the path of life that harmonizes with God's Will – or to take the path that defies it.

If our actions and behavior are helpful for others, they are in harmony with God's Will. Consequently, the Universe returns harmony to your life. Kindness, generosity and thoughtfulness – when unselfishly given – return rewards that are good for your soul.

On the other hand, egoism, cruelty and hatred likewise repay the soul, but to the soul's disadvantage. This is because these actions and behaviors are not in harmony with God's Will.

Being helpful and kind to others and acting selflessly – these may appear as commonplace. But these actions improve your spiritual nature.

It may seem too simple, but this is the true essence of religion.

Gedatsu Kongo emphasized: “Faith in God is a matter of pure action.” He stated that how we conducted ourselves in our everyday lives was all important.

Within the basics of the Gedatsu teaching, there are simple practices to improve your mind and elevate your soul. Most important is to have a daily habit of a quiet time, during which you can turn your heart to God and ancestors. It is good to begin every day in your home with a morning greeting to God and ancestors and Amacha blessings for your ancestors.

Let us cultivate our minds and souls through the Gedatsu practices and enrich our lives during the second half of the year.

Thank you.