

About Our Gedatsu Church

Gedatsu is a religious study whose objective is to render the state of spiritual awakening and understanding to all those who sincerely practice its teaching.

Literally meaning “to undo,” Gedatsu is the means by which we can be freed from the bonds of ignorance and suffering and attain true peace of mind and happiness.

Everyday Life as Religion

The church’s founder, Gedatsu Kongo, taught that our everyday life is religion itself – and that life’s challenges serve as a means of self-reflection and self-renunciation of our egos, allowing us to purify and strengthen our spiritual character. Indeed, the Gedatsu teaching is learned through intense retrospection and the practical application of religious principals, making our everyday life a mode of religious study.

The principal essence of the Gedatsu teaching is reverence and worship of the Universal Life Force, or God, from which all things derive their life. In addition, as Gedatsu followers, we show honor and

respect toward our ancestors for our life’s blood and existence.

Absolute, Unconditional Gratitude

Gedatsu emphasizes the importance of recognizing the profound and infinite blessings we receive from five primary sources: country, parents, teachers, society and all living things on earth. Since these are fundamental to our existence, it is vital that we express gratitude for these blessings in our everyday living.

When we truly accept and practice this attitude in life, we recognize the commonality and interdependence of all creation. We realize that there is no justification for complaint, argument or blame. All things, good or bad, are appreciated and accepted equally.

Unique, Sacred Practices

Gedatsu employs three sacred practices, or expressions of homage, that are unique to the teaching:

1. *Amacha Kuyo*: An offering of holy tea, poured over prayer plaques, as a blessing to cleanse negative family traits and bring about the peaceful repose of spirits.

2. *Hiho* Meditation: Meditative practice to purify one’s heart and mind.
3. *Goho Shugyo*: Meditative practice to cultivate one’s spiritual character and resolve karmic influences.

Sincere and heartfelt prayer, combined with the performance of *Amacha Kuyo*, is the method by which we receive divine universal energy and focus its power and blessings to benefit those who are in need.

Universal Benevolence

All religions of the world share a common aspiration to effect human salvation. Gedatsu takes a nonsectarian approach in solving the problems confronting each of us. No matter what our faith, we will find that Gedatsu can help in solving our everyday problems and deepening our understanding and ability to use the power of that religion.

The Gedatsu Church exists for the spiritual development of all people. We encourage you to pursue this way of Gedatsu to illuminate within yourself your divine intellect and employ the methods of self-realization and self-purification that will lead to a life filled with joy, hope and peace.

Welcome.

Thank you for worshipping with us today at our Gedatsu Church. We hope that you find comfort, joy and inspiration here.

We encourage you to study with us as we express our sincere appreciation to God and our ancestors for the infinite blessings we receive in our daily lives.

We welcome you to join us in our Sunday services and meditation sessions. Please contact us if you wish to schedule a private prayer service or consultation on spiritual development.

Gedatsu Church
Los Angeles Branch
7850 Hill Drive
Rosemead, CA 91770
Phone (626) 288-1212
Fax (626) 288-3356
la.branch@gedatsu-usa.org

Reverend Naoya Okano

Sunday Services:

Japanese: 1st Sunday 10 am
English-Japanese: 3rd Sunday 10 am
English: 4th Sunday 10 am

Office Hours:

Tuesday – Sunday 9 am – 4 pm
Closed on Mondays

Gedatsu Spiritual Center
Sacramento Branch
4016 Happy Lane
Sacramento, CA 95827
Phone: (916) 363-6054
Fax: (916) 363-01429

Senior Reverend Akira Sebe
Reverend Kazuo Yamada

Sunday Services:

2nd and 4th Sundays 9:30 am

Office Hours:

Tuesday – Sunday 9 am – 4 pm
Closed on Mondays

Learn more about the Gedatsu Church at
www.gedatsu-usa.org.



Gedatsu Church

Gedatsu

Spiritual Gateway to a
Life of Joy, Hope and Peace